



FOUR DIRECTIONS CONSULTING

Profile of Presenter

Lyle S. Willier is from the Sucker Creek First Nation in northern Alberta, he has graduated with a 2-year social work diploma in 1988, as well graduated with a 2-year Addictions Counselling diploma from the Nechi Institute/Keyano Collage in June 2000. Lyle has been employed as an addictions counsellor, correctional officer, and a childcare counsellor. With certificates in First Aid, Suicide Prevention, Medicine Wheel Facilitating, Problem Solving, Life Skills Training, and Team Building and many other certificates in the health and wellness field, Lyle is proficient at experiential teachings with the ability to relate and connect with his participants on a humanistic. Lyle also has excellent communication, presentation, and interpersonal skills, with proven results in his work today.

Lyle founded FOUR DIRECTIONS CONSULTING in April of 2003 with much success since its conception, a vision he turned into a reality, Lyle saw a great need for work on the healing our spirit from a First Nations perspective, due to the history of the Residential School experience our people have gone through. Being a by-product of that system Lyle has survived many untold abuses and now by integrating his own life experiences, education, culture and traditional teachings his elders taught him, he now helps others help themselves with the many traditional presentations he has created to help give awareness and understanding so that we as First Nations people can overcome the legacy of the past and present.

So far Lyles workshops have been presented in six of the ten provinces, which Lyle like to states they are the “The People’s Workshop” Lyle’s belief is that we must heal our people through our own people, through the medicine wheel and it’s teachings one must address the four aspects of our well-being, the mentally, emotionally, spiritually and physically, to attain balance and inner peace within, that is the teaching way handed down from our ancestors.

Healing through our own people will be the only way for our people to overcome past and present issues, who better to teach and help our people is one who has walked in the moccasins of pain and suffering, we must learn to start living and stop existing so our future generations will not have to carry legacy of our past into the future.

**Lyle S. Willier
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