



FOUR DIRECTIONS CONSULTING

Profile of Presenter

Lyle S. Willier is from the Sucker Creek First Nation in northern Alberta, he graduated with a 2-year social work diploma in 1988, and a 2-year Addictions Counseling diploma from the Nechi Institute/Keyano Collage in June 2000. Lyle has been employed as an addictions counselor, correctional officer, and a childcare counselor. With certificates in First Aid, Suicide Prevention, Medicine Wheel Facilitating, Problem Solving, Life Skills Training, and Team Building and many other certificates in the health and wellness field, Lyle is proficient at experiential teachings with the ability to relate and connect with his participants. Lyle also displays excellent communication, presentation, and interpersonal skills, with proven results in the work he does today. When Lyle is not out doing his presentations he also has his own private counseling practice.

Lyle S. Willier founded FOUR DIRECTIONS CONSULTING in June of 2002 with a vision he saw while working as an addictions counselor, Lyle saw that there needs to be more emphasis on healing the “Inner Child” work he has done on himself in his own healing journey, which he began in June of 1994. Lyle is a by-product of the Residential School assimilation process, both of his parents attended the Residential School system and now with their failed attempt to assimilate our people, it has had a negative impact on the majority of First Nations people across Canada today. Even though the Residential School experience is over, our people still suffer today from the affects it left on our parents and grandparents, all we have to do is look around our First Nations communities to see that, with lateral violence, addictions, suicide, unhealthy parenting skills, and a host of many other unhealthy attributes.

Integrating his own life experiences, education, culture and traditional teachings from his elders, Lyle S. Willier now offers to help others help themselves with many different traditional presentations he has created to help provide awareness and understanding so that we as First Nations people can overcome that legacy of the past and present. So far Lyle’s workshops have been presented in six of the ten provinces, with over 140 “Inner Child” workshops presented to date alone, Lyle’s belief is that we must heal our people through our people, utilizing our own cultural and traditional teachings through the medicine wheel concept so that all four aspects of our well-being, the mentally, emotionally, spiritually and physically can be addressed to attain balance and inner peace within, when you heal the “Inner Child” you heal the adult, that is the teaching way handed down from our ancestors, however we must all work together to achieve this.

Lyle has had the opportunity to apprentice with a few of the true elders since he began his own healing journey nearly 17 years ago, he has been taught the Cree and Sioux way and now he utilizes those sacred gifts and blessings to help all people in the Four Directions to help themselves find their own potential and true purpose in life, with Lyle's teachings, presentations and counseling skills he feels confident enough to say that there isn't anyone he can't help. We all have the natural ability to heal our mind, body and spirit, you just need someone to show you how, and I have shown many.

Healing through our own people will be the only way for our people to overcome past and present issues, who better to teach and help our people than one who has walked in the moccasins of past pain and suffering. I have overcome my past and put it to rest my purpose now is to motivate, inspire and teach people to start living and stop existing so that our future generations will not have to carry legacy of our past into the future.

And yes! Anything is achievable and attainable, it's how bad you want it, words my elder taught me many seasons ago and I have turned that vision into a reality by doing it!



Lyle S. Willier
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www.fourdirectionsconsulting.com
Toll Free: 1-888-455-6229

